



Keep track of your family's health history

This chart can help you map your extended family relationship and determine who may be at risk of hereditary ATTR (hATTR) amyloidosis.

hATTR amyloidosis – an inherited condition

hATTR amyloidosis is a rare condition that affects an estimated 50,000 people worldwide. It is an inherited condition caused by a gene change (mutation) that affects the function of a protein called transthyretin (TTR). The age that initial symptoms appear may vary, ranging from the mid-20s to the mid-60s. It's passed down in an autosomal dominant pattern, which means a person only needs to inherit one copy of the affected gene from one parent in order to develop the disease risk. When one parent carries an autosomal dominant mutation, any child will have a 50% chance of inheriting that mutation.



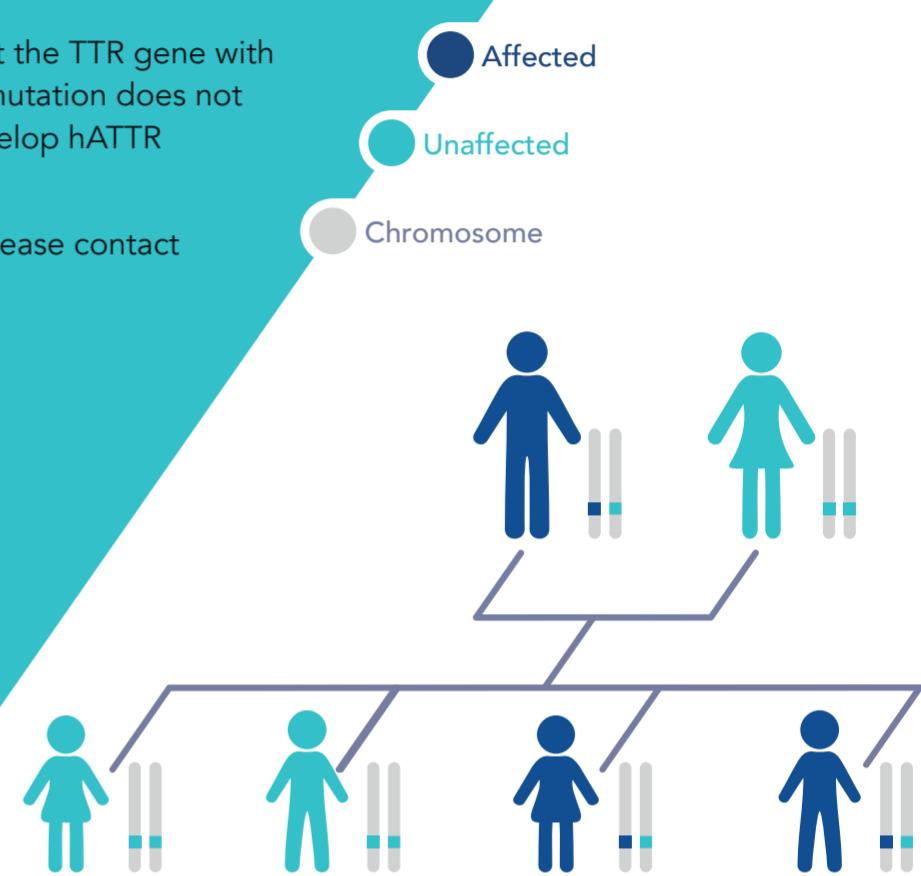
Family Health Tree

Map your family's history of hereditary ATTR amyloidosis



A family member may inherit the TTR gene with a mutation, but having the mutation does not mean that he or she will develop hATTR amyloidosis.

If you have any questions, please contact your healthcare provider.



Working with your family members to complete this chart can help educate them about hATTR amyloidosis, its symptoms, and how it is passed down through generations. You can use the other materials in this pack to learn about the cause and symptoms of this condition.

Here is an example of how to fill out cards for each family member's "branch". Once the cards are filled, connect them by drawing lines as relevant to create your family health tree.

	<i>John</i>	
Experienced symptoms of hATTR amyloidosis?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
List symptoms:	<hr/> <hr/> <hr/>	
Other major medical conditions:	<i>Diabetes</i> <hr/> <hr/>	
<i>Not</i> Age diagnosed	Age of onset of symptoms	

Mother	
	Hannah
Experienced symptoms of hATTR amyloidosis?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
List symptoms:	<u>Carpal tunnel, consistent dizziness when standing up, leg swelling, chest pain</u>
Other major medical conditions:	<u>Heart condition</u>
Age diagnosed	
Age of onset of symptoms	

This chart assumes that you have hATTR amyloidosis, so starting with yourself in the middle, map those family members you have a genetic relationship with.

Keeping track of your health history

Use this space to record any important notes from conversations with your family members, including points about your family's history and follow-up steps.

Notes

Notes

You		Experienced symptoms of hATTR amyloidosis?		Yes		No	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Age diagnosed	Age of onset of symptoms	Age diagnosed	Age of onset of symptoms	Age diagnosed	Age of onset of symptoms	Age diagnosed	Age of onset of symptoms
List symptoms:		List symptoms:		List symptoms:		List symptoms:	
Other major medical conditions:		Other major medical conditions:		Other major medical conditions:		Other major medical conditions:	
Other major medical conditions:							